

BODY MASSAGE

Sleep Massage

An extensive therapy designed to improve sleep quality by calming the nervous system and relieving muscle tension to reduce physical and mental fatigue.

110 mins: **IDR 775,000 nett**

Deep Tissue Massage

This massage works to ease tension, boost circulation, improve mobility, and enhance skin tone by reaching the deeper layers of muscle tissue and acupoints. The therapist will focus on areas of concern specified by the guest.

60 mins: **IDR 505,000 nett**

90 mins: **IDR 705,000 nett**

Aromatherapy Massage

A gentle and relaxing therapy using premium, all-natural essential oils to help relieve physical tension, reduce mental stress, and improve the immune system.

60 mins: **IDR 475,000 nett**

90 mins: **IDR 675,000 nett**

Sport Massage

Combines deep tissue massage with fast-rhythm techniques, designed to reduce muscle spasms, facilitate muscle recovery, decrease neurological excitability, and improve range of movement.

60 min: **IDR 505.000 nett**

90 min: **IDR 705.000 nett**

Lymphatic Drainage Massage

A gentle massage therapy complemented by a dry brushing technique to stimulate lymphatic circulation and aid detoxification. Target areas include lymph nodes in the armpits, groin, abdomen, and chest area.

90 mins: **IDR 675,000 nett**

Back & Shoulder Massage

A compact yet intensive therapy focused on relieving tension in the upper and lower back, shoulders, and neck.

40 mins: **IDR 275,000 nett**

Stretch Teraphy

A specialized guided therapy designed to relieve tension and pain, increase range of movement, and correct muscular imbalances.

40 mins: **IDR 275,000 nett**



FOOT RITUAL

Reflexology Massage

Applying various massage techniques with different pressure levels on the feet to unblock energy flow and support the body's natural healing process.

60 mins: **IDR 175,000 nett**

90 mins: **IDR 205,000 nett**

Reflexology & Foot Exfoliation

Indulge in our signature foot care ritual. Begin with a calming foot soak, followed by a circulation-boosting reflexology massage, and finish with an exfoliating foot scrub for brighter, healthier-looking feet.

80 mins: **IDR 205,000 nett**

110 mins: **IDR 235,000 nett**

BEAUTY & SALON

Manicure

60 mins: **IDR 205,000 nett**

Pedicure

75 mins: **IDR 255,000 nett**

Nail Polish

30 mins: **IDR 205,000 nett**

Shampoo & Blow Dry

60 mins: **IDR 255,000 nett**

Hair Spa

60 mins: **IDR 255,000 nett**

ADD ONS

Body Exfoliation

30 mins: **IDR 255,000 nett**

Bath Therapy

30 mins: **IDR 205,000 nett**





SIGNATURE

Signature Massage

The comprehensive combination of foot rituals, stretch therapy, aromatherapy massage, herbal compress and bath therapy. Sepik Signature Massage aids relaxation, sports recovery and enhances health.

120 min : **IDR 1.205.000 nett**

SPECIAL PACKAGES

Sepik Relax & Glow

For your deep relaxation and emotional balance, begins with an Aromatherapy Massage (choice of 60 or 90 minutes), followed by a Body Exfoliation (30 minutes) and completed with a Bath Therapy (30 minutes).

120 mins (60-min massage) IDR 865,000 nett

150 mins (90-min massage) IDR 1,055,000 nett

Sepik Muscle Recovery

Relieving chronic muscle tension and deep-seated knots. A Deep Tissue Massage (choice of 60 or 90 minutes), followed by a Body Exfoliation (30 minutes) and completed with a Bath Therapy (30 minutes).

120 mins (60-min massage): IDR 885,000 nett

150 mins (90-min massage): IDR 1,095,000 nett

Sepik Skin Revive

A restorative combination of body exfoliation (30 minutes) followed by a bath therapy (30 minutes).

60 mins: IDR 400,000 nett